

# BREAKFAST K-12

# MAY 2019

<b>Grains</b> can include: WG Toast, Muffin, Bagel, Pancake, Waffle, Breakfast Bar, Cereal, Breakfast Mix <b>Protein</b> can include: Sausage, Egg <b>Fruit</b> can include: whole fresh, juice or packaged <b>Dairy</b> can include, Fat Free and 1% white milk, Yogurt, Cheese stick, Cream Cheese		<b>Breakfast</b> K-5 \$1.55 6-12 \$1.80 Milk \$ .45 Reduced \$.30		<b>Time to PAY your meal account balance</b>	
		<b>1</b> Breakfast Bar/Yogurt Fruit Milk	<b>2</b> Bfast Taco Fruit Juice Milk	<b>3</b> Cold Cereal Fruit Dairy	
<b>6</b> Cold cereal Fruit Dairy	<b>7</b> Apple Bosco Stick Cheese Stick Fruit	<b>8</b> Bagel & CC/Yogurt Fruit Dairy	<b>9</b> French Toast & Sausage Fruit Dairy	<b>10</b> Cereal/Muffin Fruit Dairy	
<b>13</b> Cold Cereal/Toast Fruit Dairy	<b>14</b> Churros Cheese Stick Fruit/Dairy	<b>15</b> Muffin/Yogurt Fruit Dairy	<b>16</b> Breakfast Pizza Fruit Juice Dairy	<b>17</b> Cold Cereal Fruit Dairy	
<b>20</b> Cereal/Muffin Fruit Dairy	<b>21</b> Cheese Omelet Fruit Dairy	<b>22</b> Cream Cheese Bagels Yogurt Fruit/Dairy	<b>23</b> Waffles/Strawberries Cheese Stick Fruit/Dairy	<b>24</b> NO SCHOOL	
<b>27</b> NO SCHOOL	<b>28</b> Cold cereal Fruit Dairy	<b>29</b> Breakfast Bar Yogurt Fruit	<b>30</b> Biscuit & Sausage (ES) Biscuit & Gravy Juice	<b>31</b> Cold Cereal Fruit Dairy	