

BREAKFAST K-12

FEBRUARY 2019

<p><u>Grains</u> can include: WG Toast, Muffin, Bagel, Pancake, Waffle, Breakfast Bar, Cereal, Breakfast Mix <u>Protein</u> can include: Sausage, Egg <u>Fruit</u> can include: whole fresh, juice or packaged <u>Dairy</u> can include, Fat Free and 1% white milk, Yogurt, Cheese stick, Cream Cheese</p>		<p>Breakfast K-5 \$1.55 6-12 \$1.80 Milk \$.45 Reduced \$.30</p>				<p>Time to check your meal account balance</p>			
<p style="text-align: right;">4</p> <p>Cold Cereal/Toast Fruit Milk</p>		<p style="text-align: right;">5</p> <p>Waffles & Sausage Fruit Milk</p>		<p style="text-align: right;">6</p> <p>Banana Bread/Yogurt Fruit Milk</p>		<p style="text-align: right;">7</p> <p>Breakfast Bar Cheese stick Fruit Juice</p>		<p style="text-align: right;">8</p> <p>Cold Cereal/Muffin Fruit Dairy</p>	
<p style="text-align: right;">11</p> <p>Cold cereal/Toast Fruit Dairy</p>		<p style="text-align: right;">12</p> <p>ES- Burrito K-2/6-12 Biscuit/Gravy Fruit Dairy</p>		<p style="text-align: right;">13</p> <p>Bagel & CC/Yogurt Fruit Dairy</p>		<p style="text-align: right;">14</p> <p>ES Pancake on a Stick K-2/6-12 Cooks Choice Fruit Juice Dairy</p>		<p style="text-align: right;">15</p> <p>Cold Cereal/Muffin Fruit Dairy</p>	
<p style="text-align: right;">18</p> <p>Cold Cereal/Toast Fruit Dairy</p>		<p style="text-align: right;">19</p> <p>Pancakes/Links Fruit Dairy</p>		<p style="text-align: right;">20</p> <p>Breakfast Bar/Yogurt Fruit Dairy</p>		<p style="text-align: right;">21</p> <p>ES Biscuit & Patty K-2/6-12 Omelet & Biscuit Fruit Juice Dairy</p>		<p style="text-align: right;">22</p> <p>NO SCHOOL</p>	
<p style="text-align: right;">25</p> <p>Cold Cereal/Toast Fruit Dairy</p>		<p style="text-align: right;">26</p> <p>ES – Burrito K-2/6-12 Waffles & Sausage Fruit Dairy</p>		<p style="text-align: right;">27</p> <p>Cooks Choice Fruit Dairy</p>		<p style="text-align: right;">28</p> <p>Baked Oatmeal Links Fruit Juice Dairy</p>		<p style="text-align: right;">March 1</p> <p>Cold Cereal/Muffin Fruit Dairy</p>	