

## **CTE: FAMILY AND CONSUMER SCIENCES**

### **COURSE DESCRIPTIONS**

#### **1212 INTRO TO FAMILY & CONSUMER SCIENCES GRADE LEVEL: 9 CREDIT: ½**

This is an introductory Family and Consumer Sciences course. In this class we will be covering topics such as food and nutrition, human development and decision making, relationships with friends and dating partners, clothing construction, finding a job, and managing money. Students will enjoy eating foods they prepared and will get to wear a pair of pants they construct. Students will also gain valuable experience in communication skills, conflict management, and making healthy life choices.

#### **1228 CULINARY ARTS GRADE LEVEL: 10, 11, 12 CREDIT: ½**

This beginning foods preparation class deals with basic kitchen skills, safety and sanitation, knife skills, nutrition, meal planning, and careers in the culinary industry. Cooking labs are used to gain knowledge of a multitude of kitchen equipment and appliances, and learn a variety of cooking procedures in order to produce quality foods. Students will use math, writing, and reading to understand and convert recipes, analyze food intake, and calculate unit pricing and menu costs.

#### **1229 CULTURE AND CUISINE GRADE LEVEL: 10, 11, 12 CREDIT: ½**

##### ***Prerequisite: Culinary Arts***

In this advanced foods course, students build on the skills learned in Culinary Arts with a focus on creating exciting meal plans from around the world. Cooking lab experiences incorporate culture and food choices from many countries including China, Japan, France, Italy, Mexico, India, Greece, Great Britain, Germany, Scandinavia, and Russia. Students will identify native food resources as well as ethnic dining habits and rules. Regional cuisine from around the United States is also explored.

#### **1224 CHILD DEVELOPMENT GRADE LEVEL: 10, 11, 12 CREDIT: ½**

Do you like children? Do you think you would like to work with children someday? This course provides you with a better understanding of the growth and development of a child through pre-school age. Units included are pregnancy, birth defects, care during pregnancy, childbirth, the infant, the toddler, and the preschooler. Field trips, guest speakers, and a RealCare infant simulation are all used to gain greater understanding about working with and caring for children.

**1230 INTRODUCTION TO THE REAL WORLD GRADE LEVEL: 10, 11, 12 CREDIT: ½**

If you wonder what life after high school will be like, this course is for you! Areas to be covered in this course will be planning for your future, career exploration, budgeting, making major purchases, planning meals on a budget, housing decisions, coping with stress, and relationship and communication skills.

*Please note: Students who have taken or are planning to take Consumer Math and/or Personal Finance should not take this course.*

**1226 FASHION DESIGN GRADE LEVEL: 10, 11, 12 CREDIT: ½**

This is a two-part class focusing on fashion for you and your home. During the first quarter students will explore careers in the areas of fashion and fashion merchandising. We will focus on information on the apparel industry such as color analysis, textiles, fashion history, and fashion shows. Students will gain an understanding of garment parts, patterns, and sewing equipment during the second quarter. They will be creating a ready-to-wear garment of their own choice. This course is offered in alternating years with the Interior Design course.

**1227 INTERIOR DESIGN GRADE LEVEL: 10, 11, 12 CREDIT: ½**

Are you interested in a career in architecture or interior design? Do you wonder how to make your own space more vibrant? This course deals with various housing styles, interior/exterior decorating of a home, selection/arrangement of furniture, elements of design, energy efficiency related to housing, and apartment living. Individual projects, small group work, field trips and guest speakers are used to gain knowledge in the areas of architecture and interior design. This course is offered in alternating years with the Fashion Design course.