

K – 8 BREAKFAST

December 2018

<p><u>Grains</u> can include: WG Toast, Muffin, Bagel, Pancake, Waffle, Breakfast Bar, Cereal, Breakfast Mix <u>Protein</u> can include: Sausage, Egg <u>Fruit</u> can include: whole fresh, juice or packaged <u>Dairy</u> can include, Fat Free and 1% white milk, Yogurt, Cheese stick, Cream Cheese</p>		<p>Breakfast K-5 \$1.55 6-12 \$1.80 Milk \$.45 Reduced \$.30</p>		<p><i>Make sure your meal accounts are paid up by the New Year</i></p>	
3	4	5	6	7	
Grain/Protein Fruit Dairy	Grain/Protein Fruit Dairy	Grain/Protein Fruit Dairy	Grain/Protein Fruit Dairy	Grain/Protein Fruit Dairy	
10	11	12	13	14	
Grain/Protein Fruit Dairy	Grain/Protein Fruit Dairy	Grain/Protein Fruit Dairy	Grain/Protein Fruit Dairy	Grain/Protein Fruit Dairy	
17	18	19	20	21	
Grain/Protein Fruit Dairy	Grain/Protein Fruit Dairy	Grain/Protein Fruit Dairy	Grain/Protein Fruit Dairy	Grain/Protein Fruit Dairy	
24	25	26	27	28	
NO SCHOOL	HAPPY HOLIDAY	NO SCHOOL	NO SCHOOL	NO SCHOOL	
31	January 1	2	3	4	
NO SCHOOL	HAPPY NEW YEAR	Grain/Protein Fruit Dairy	Grain/Protein Fruit Dairy	Grain/Protein Fruit Dairy	